

## Your portal to your Health Record

### WHAT IS MNGHACARE ?

The Ministry of National Guard - Health Affairs (MNGHA) has developed its patient portal (MNGHACare) to enhance the healthcare experience for their patients. It aims to allow the patient to access his/her electronic medical record, provide electronic services, increase health awareness, promote positive health outcomes as well as offering reliable health information.

MNGHACare is also available as an app for mobile devices (both Android and iOS Versions).



**MNGHA LINKS :** MOBILE VERSION : <https://mobilecare.ngha.med.sa>  
DESKTOP VERSION : <https://mngnacare.ngha.med.sa>



### SIGN IN

- Enter your MRN and password.
- If this is your first visit, enter your National ID or Iqama number in the password field.
- A verification code will be sent to the mobile number registered in Patient Services Administration.



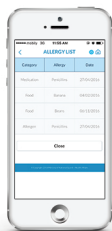
### Confirm SIGN IN

If you do not receive a text message with the verification code, make sure to add your mobile number in the registration section in Patient Services Administration.



### Suggestions & Complaints

In this feature you can submit your suggestion or complaint for this application.



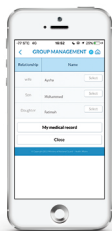
### Allergy list

In this feature you can display your allergy information that documented in your Electronic Medical Record.



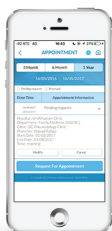
### Treatment eligibility

In this feature you can display your eligibility type list with period and valid statuses.



### GROUP MANAGEMENT

- In this feature, you can:
- View the list of all family members listed under your name and mobile number.
- You can manage all services for listed children who are under 15 years of age dependents under your mobile number.



### APPOINTMENTS

- In this feature, you can:
- Request an appointment for business center.
- Modify or delete appointments requested.
- View the list of appointments already scheduled.



### VACCINATION

- In this feature, you can:
- View the information of Vaccinations and whether they have been taken or not.
- Blue indicates that the vaccine has been taken.



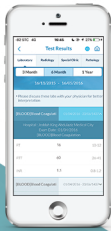
### VISIT HISTORY

- In this feature, you can:
- View the history of all your visits to the hospital. Each visit includes information such as specialty, doctor, treatment information, and visit date.
- you can search the visit history per visit type (Outpatient, Inpatient, Emergency).



### PRESCRIPTIONS

- In this feature, you can:
- View prescriptions' list and information.
- Set Medication alarm/reminder.
- Request Medication Refill. The approval or refusal of refill will be sent to you via SMS and can also be found in Notification page of MNGHACare.



### TEST RESULT

In this feature, you can View test results for Laboratory, Radiology and other clinical tests.



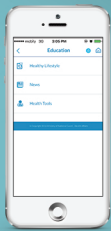
### MY HEALTH

- In this feature, you can:
- Manage your General Health by entering and tracking your exercises, weight information, Blood Pressure and Blood Sugar.



### SELF-ASSESSMENT

- In this feature, you can:
- Keep track of the pain level information.
- performance status information.
- Quality of Life information.



### EDUCATION

List of websites that have educational information.

TO ADD OR MODIFY YOUR MOBILE NUMBER, YOU ARE REQUIRED TO VISIT THE REGISTRATION OFFICE - PATIENT SERVICES DEPARTMENT OR CONTACT AT PHONE NUMBER: +966-11-8010077



Kingdom of Saudi Arabia  
Ministry of National Guard Health Affairs

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