



Smoking and Cancer







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www.ngha.med.sa/English/nosmoking/ www.ngha.med.sa/Arabic/nosmoking/

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Smoking and Cancer

Tobacco smoke contains many harmful chemicals and toxic estimated at between 4000 to 6000 elements. About 40 of it cause the cancer in humans. Relationship between smoking and cancer is now very clear and firm and does not accept any doubt.

Smoking is the main reason behind cancer in all parts of the world where cause of death of one out of every four deaths of cancer in the world.

Types of cancer caused by smoking

Smoking causes nine out of every ten cases of lung cancer. Cure of lung cancer is one of the lowest rates of survival from all types of cancer which is the most common cause of cancer death in many countries. The good news is that most of these deaths could be avoided if smoking cessation is in time.

Smoking also increases the risk of more than a dozen of other types of cancer including cancers of the mouth, larynx, pharynx, nose and sinuses, esophagus, liver, pancreas, stomach, kidney, bladder, cervix and bowel as well as one type of ovarian cancer and some types of leukemia. There is also some evidence that smoking can increase the risk of breast cancer.